

JULY 2010 NEWSLETTER

Hillingdon Community Mediation

THREE MAIN POINTS ABOUT MEDIATION

Hi Everyone,

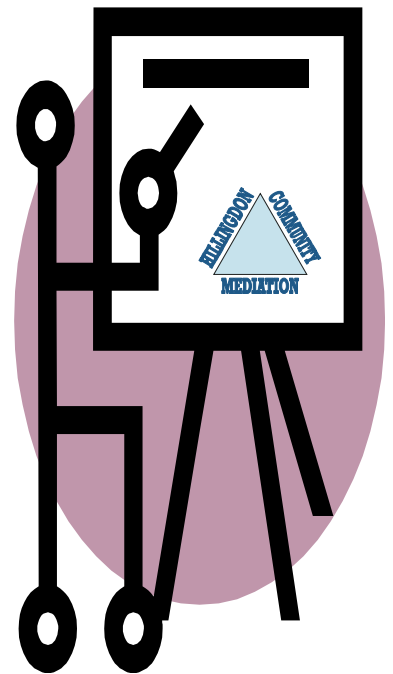
We had a 'trickle' of a response 😊 about ideas for 3 main points about mediation to say to the general public if we were to be asked about what it is. These are the different points.

What are your thoughts?

1. Mediation allows you to express yourself without judgement.
2. Mediation doesn't coerce you into a solution that doesn't make sense to you.
3. Having the mediators as active listeners can often help you see the 'wood for the trees'.
4. Mediation can uncover the small simple thing of action that can yield huge benefits to the peace of mind you desire.
5. Mediation is free.
6. Mediators don't take sides
7. Mediators have no 'agenda'
8. Mediation empowers people to reach their own solutions that are self-generated and not signposted.
9. Mediators do not report or feedback (details of the dispute) to anyone.
10. Mediators are totally impartial and non-judgemental.

Please send your votes by email for your top 3 using the numbers for each point given above.

Alan



The Autumn Training Course for Volunteer Mediators will be on 15/16/17th & 29/30/31st October'10

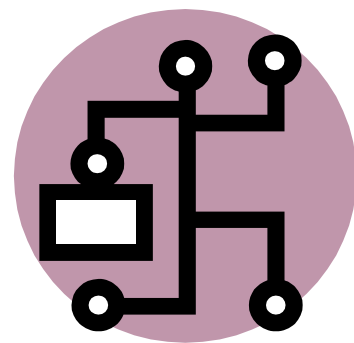
The introduction evenings are on 22nd and 29th September'10

If you know anyone who may be interested please ask them to contact Denis on 01895 446611

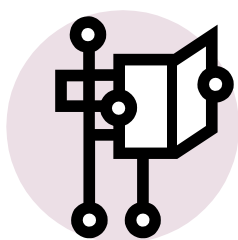
IS YOUR PERSONAL ALARM WORKING?

At your Administration evening after you trained as a Mediator we gave you a Personal Alarm for you to use when you are out in the community working as a mediator. If you have lost yours and would like a replacement or if your present one does not

work, (Please test it !!), then let us know and we will make sure you get a replacement.



“There will be food and wine and excellent company as a reward!”



ARE YOU COMING TO THE AGM AND WOULD YOU LIKE TO STAND AS A MANAGEMENT COMMITTEE MEMBER?

Please come along to our AGM to ensure we can pass our Annual Accounts and Annual Report – we can't do it without you as we need a minimum number of Members to be present before we can do that. There will be food and wine and excellent company as a reward!!

Also, if you would like to become a Management Committee Member and help HCM to make its decisions about how it operates and how it takes its work forward, please let us know as soon as possible and ideally get someone to nominate you who is also a member of HCM.

We look forward to seeing you on Wednesday, 21st July from 7pm at St Giles Church Hall, Ickenham.

WHAT'S ON IN JULY?



Volunteer Support Session at Key House Yiewsley

Thursday, 1st July'10, 2.30pm ~ 4.30pm

Themed Training Evening at St. Giles, Ickenham

Monday, 19th July'10, 6.30pm ~ 8.30pm

(see theme below)

Annual General Meeting at St. Giles, Ickenham

Wednesday, 21st July'10 at 7.00pm

THEMED TRAINING EVENING (19TH JULY'10)

The theme will be **Questioning Skills**.

An opportunity to practice asking open and creative questions without making suggestions or expressing opinions!

Denis



**HILLINGDON
COMMUNITY
MEDIATION**

Key House
106 High Street
Yiewsley
Middlesex UB7 7BQ

Director: 01895 447700
Service Manager: 01895 447772
Case Manager: 01895 446611



**Need to resolve a disagreement?
Why not try mediation?**